

# **Nindilingarri Cultural Health Services Annual Report 2022 - 2023**



**At Nindilingarri Cultural Health Services we acknowledge the traditional custodians of the land, the Bunuba people. We also acknowledge the five language groups, Bunuba, Gooniyandi, Nyikina, Wangkatjunka, Walmajarri and all their elders past, present and future.**

# **CONTENTS**

- 3 Committee Members**
- 4 Introduction to NCHS**
- 5 Mud Map**
- 6 Organisational Structure**
- 7 Introduction to the Fitzroy Valley Partnership**
- 8 Chief Executive Officer**
- 11 Administration**
- 12 Program & Services Manager**
- 14 Guwardi Ngadu**
- 18 Alcohol & Drug**
- 20 Maternal health**
- 24 Mums, Bubs and Healthy Families**
- 26 First Aid & Bush Medicine**
- 29 Healthy Lifestyles**
- 32 Nutrition**
- 35 Spiritual Health**
- 38 Women's Sexual Health**
- 41 Men's Sexual Health**
- 43 Environmental Health**
- 49 Commonwealth Home Support Programme**
- 52 Information that was sent out to Communities**
- 53 Letters & Emails of Appreciation**

# **Committee Members**

---

Judith Brooking  
Cynthia Brooking  
Avreanna Hobbs  
Ethan Hoad  
Annette Lomarda  
Johnny Nargoodah  
Claude Carter

## **MISSION STATEMENT**

---

To provide culturally appropriate, holistic health promotion, disease prevention and community services to benefit the people of the Fitzroy Valley.

## **VISION STATEMENT**

---

To be the best provider in Western Australia of health promotion, early intervention and community services to Aboriginal people.

# INTRODUCTION TO NCHS

Nindilingarri Cultural Health Services is an Aboriginal Community Controlled Health Organisation. It began in 1995, following a wide reaching community meeting aimed at establishing the type of health service the local community wanted. The clear message from this consultation was that the community wanted a Holistic, Culturally Appropriate Service that recognizes the impact of Aboriginal Law, Culture, Spirit and Land issues on the health of the community.

The community also specified that they wanted an Aboriginal Community Controlled Health Organisation that focused on Disease Prevention and Health Promotion. Most importantly, they wanted a service that worked together with the existing mainstream hospital service to avoid service duplication and improve the quality of services for local people. It was from this consultation that the concept of a partnership between the Fitzroy Valley Health Service, Kimberley Population Health Unit and Nindilingarri Cultural Health Services emerged.

NCHS has 2 main divisions, which are:

**Health Services:** Health Promotion Team  
Environmental Health Team  
Alcohol, Drug and Mental Health Services

**Community Services:** Commonwealth Home Support Programme

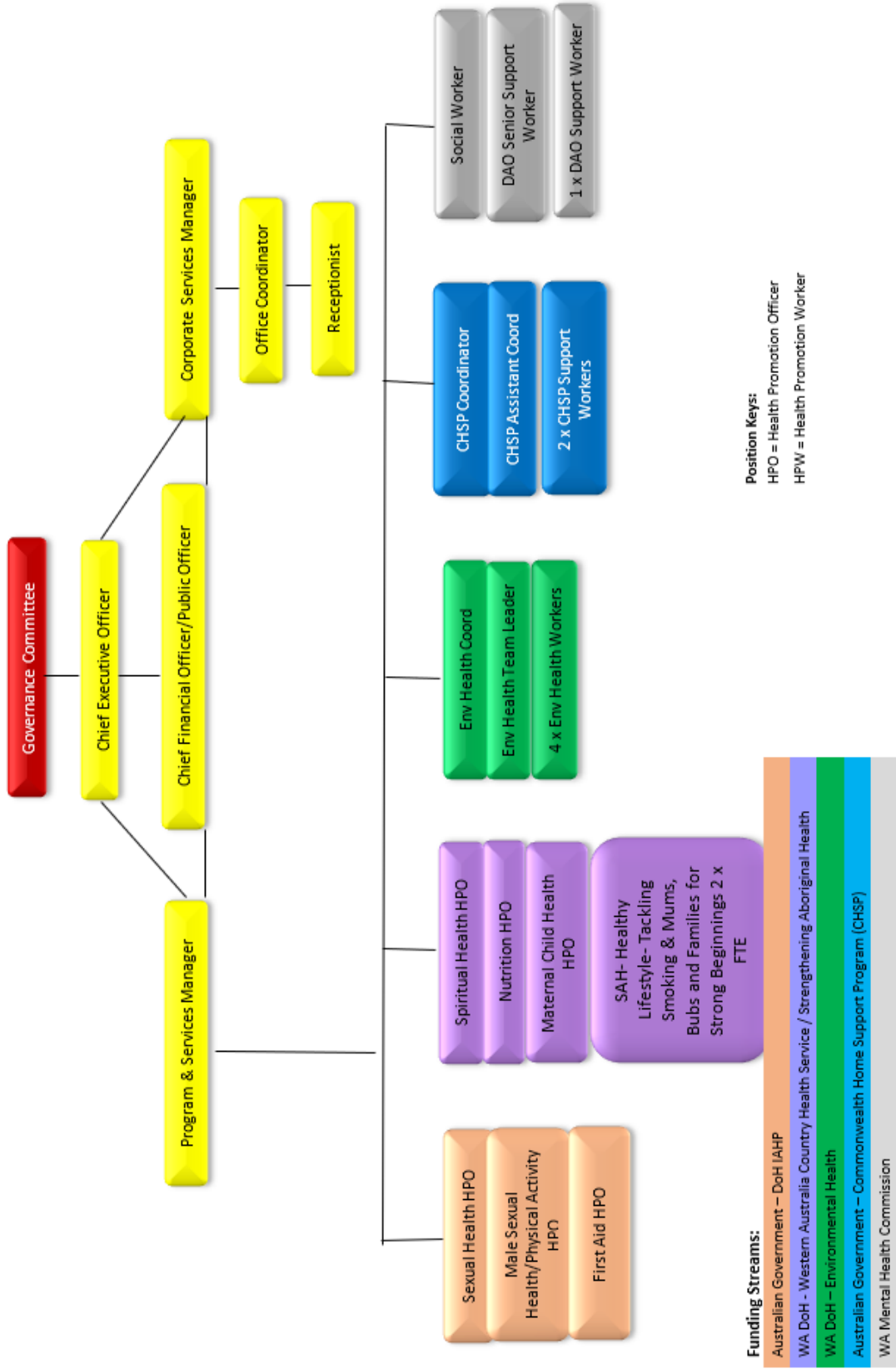
An all-Aboriginal committee governs Nindilingarri Cultural Health Services. In line with the constitution, the committee is made up of a representative from each of the main language groups within the Fitzroy Valley (i.e. Bunuba, Gooniyandi, Walmajarri, and Wangkatjungka). The Nindilingarri Cultural Health Services Governing Committee meets several times per year.





# NINDILINGARRI CULTURAL HEALTH SERVICES Inc.

## Organisational Structure/ Funding Streams



# INTRODUCTION TO THE FITZROY VALLEY HEALTH PARTNERSHIP

The Fitzroy Valley Health Partnership began formally in the year 2000. It began as a partnership between the Fitzroy Valley Health Service (FVHS) and NCHS. At this time the Health Minister, Bob Kucera, was encouraging and endorsing partnerships between the Department of Health and Aboriginal Health Services. This was a new approach for both organisations and the hard work and good will of all of those individuals involved in these formative years of the Partnership is recognised and acknowledged.

The FVHS is part of the WA Country Health Service (WACHS) and includes services which come via Kimberley Population Health Unit. This comprises of a hospital, providing a wide range of inpatient and outpatient services, and a Population Health Service. The hospital outpatient services include appointment based General Practice, emergencies, specialist visits and allied health visits. The Population Health Service includes community clinics, child health, school health, community midwife, retinal photography, and diabetic educator. Clinical management of Population Health is provided by Kimberley Population Health Unit (KPHU), based in Broome.

In 2004, the first Partnership Agreement was signed by the FVHS and NCHS. This Agreement formalised the intention of both parties to work in partnership, so as to deliver, in a coordinated fashion, increasingly effective, efficient and culturally safe health care to the population of the Fitzroy Valley region. The Partnership was fully implemented in July 2006 and was further strengthened by the co-location of the 3 services in Fallon Road in December 2008.

The principal mechanism for auspicing and operationalising the Partnership Agreement is the Partnership Forum which meets approximately bi-monthly, and includes equal representation from each service. The Partnership Forum provides an environment that allows each organisation to meet and discuss their roles, problems, plans and ideas. It continues to be the shared vision of the Fitzroy Valley Health Partnership to completely eliminate duplication and provide a continuum of care that is culturally appropriate, holistic and sustainable.

# CHIEF EXECUTIVE OFFICER

## Maureen Carter



I am pleased to deliver Nindilingarri Cultural Health Services (NCHS) Annual Report for the period of 01/07/22 to 30/06/23.

This has been another busy year for the organisation as highlighted in all the Program and Management reports contained in this Annual Report. Unfortunately, our NHCS programs and service deliveries were severely impacted by the highest flood occurring in the history of Fitzroy Crossing.

The flooding impacted on all residents, businesses

and organisations within the Fitzroy Valley to a degree which would never have anticipated. Residences homes were destroyed, lives were lost and accessibility by essential services into Fitzroy Crossing could only be carried out via air as the main bridge was completely destroyed.

I worked closely with the communities, WACHS, DFES, and Dept of Communities to get updates and pass on community concerns. By working together, we were able to help get necessary resources delivered to those in need. It was a monumental effort by all involved, including my staff, who returned from their annual leave early to come and help with the situation. The NCHS Essential Community Services document which was developed during the Covid-19 pandemic proved to be of great value in providing up to date community information such as airstrip availability, clinics, community contacts and telecommunications information.

It will take a long time for the Fitzroy Valley to fully recover, however it is wonderful to see so many community members in good spirits. It's a sign of excellent community spirit when you can see people helping and looking out for one another through these difficult times.

I was extremely proud to be approached to conduct an interview with Prince William. He expressed his sincere concern for the people of the Fitzroy Valley who were affected by the flooding and was keen to be updated on what services were being made available.



During the last year, the Covid vaccination clinic which had been situated in the NCHS function room, was closed and relocated in Community Health. NCHS still works closely with the communities, clinics and the hospital regarding any potential development of Covid-19 clusters.

The Covid-19 virus is still around and active in the Fitzroy Valley. Unfortunately, Covid-19 won't be disappearing and we all need to be careful and keep ourselves as safe as possible. Thankfully, the vast majority of community have been, and continue to get vaccinated.

NCHS has ample stock of RAT tests, sanitisers, masks and soap available to anybody who requires them. Please continue to get your booster shots for Covid 19, as well as the Flu Vaccine, which is available via Community Health.

Throughout the year I have continued to be involved in the Kimberley Aboriginal Health Planning Forum (KAHPF) and Aboriginal Health Council WA (AHCWA). I have received a letter of appreciation from the Senate Select Committee Disaster Resilience for my participation into their inquiry and they have advised that the final report will be completed by the 24th of April 2024.

NCHS also continues to offer support and advise to Juniper to maintain residential aged care to the elders of the Fitzroy Valley.

During the last year NCHS had to deal with the sad loss of a staff member. His passing not only impacted upon the organisation and the organisation's staff, but also many community members who worked closely with him during his time at Nindilingarri. Nindilingarri offered support to his partner and our assistance was very much appreciated.

Nindilingarri continues to have consistent staffing however, there has been a few changes during the last year. Firstly, we said goodbye to Tia Cunnington, Louis Marcel-Jones, Daniel Wilkins, Richelle Vanbee, Louise Dededar, Hayden Smith, Declan Carter and Sharon Cox.

We welcome David Blackwell (Assistant CHSP Coordinator), Vanessa Kanitz (Office Coordinator), Lorin Lawford (Receptionist), Kendall Mow (Environmental Health Worker), Scott Rose (CHSP Support Worker), Elle Tot (Social Worker), Josiah Wise (Environmental Health Worker), Terik Yungabun (Environmental Health Worker).

We have also interviewed and trialled Charlotte Bell for the Strengthening Aboriginal Health Mums and Bubs Program and are very confident of her starting in the new year.

I would like to thank all the Nindilingarri staff for their support and hard work throughout the year and for their successful and informative programs and services which they have delivered. I would like to thank the Nindilingarri governing committee members and my Senior managers, Sue Winter, Callum Lamond and Clint Bussey for their ongoing support and commitment to myself and the organisation. I would like to acknowledge the wonderful work carried out by the nurses and doctors who have worked with us throughout the year.



# Administration

Sue Winter



Chief Financial Officer

Callum Lamond



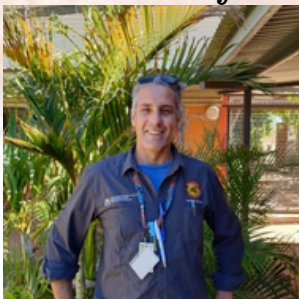
Corporate Service Manager

Vanessa Kanitz



Office Coordinator

Clint Bussey



Program & Service  
Manager

The last 12 months have been extraordinarily difficult and testing due to the floods. Three Nindilingarri staff houses were badly damaged during this time. As of October 23, two of the houses have been fully restored, and the third is currently being fixed.

Nindilingarri is currently accredited from BSI for the ISO 9001:2015 Quality Management System. Certification is extremely difficult and I would like to thank all staff who have helped to make this process very smooth. Yet again, Nindilingarri has passed it's audit and will continue to be accredited going forward.

The Nindilingarri buildings are in the process of being painted and freshened up! Not only is there a new paint job, but upgraded lights have also been installed, and the function room is due to be renovated in the next couple of months!

The internet connection at Nindilingarri received a much needed upgrade thanks to the introduction of Starlink. This has provided a much more stable and higher speed connection. In turn, this will allow Nindilingarri to move to 'the cloud'. This will allow staff access to files, email, posters etc from anywhere! This also massively increases digital security and provides much needed backups for all files.

Nindilingarri worked in conjunction with Marra Worra Worra with a program that provided beds and mattresses to communities affected by the floods. This turned out to be an enormous undertaking, and I would like to thank MWW for working together with us to help provide these much needed resources.

The team at Nindilingarri is also assisting Garnduwa and the Shire with the process of Gym Memberships. If you would like to sign up, please come and see our lovely team at the reception.

# Program and Services

## Manager

### Clint Bussey



The beginning of the year was not something that we had planned as an organisation or community as we all know, many families were directly affected by the once in a hundred year flood that decimated parts of our community, affecting all of us. Our thoughts go out to those who lost possessions and their home and most importantly those with broken hearts who lost family members. We will continue to assist where possible and many of our team

continue to work alongside those at Marra Worra Worra to deliver mattresses lost in the flood.

After many months of recovery and with a relief in sight, the receding flood waters offered a new challenge. Mosquito borne viruses. Murray Valley Encephalitis (MRE) and Japanese Encephalitis Virus (JEV) became a real threat to our community and without the exhausting work done by members of our team, which led experts into the community, the threat and loss of life would have been far more devastating. Again, the sadness and loss of loved one's affected will be with some of our community members forever. We are now looking to increase preventative measures which includes a great deal of work done by our Environmental Health team and that of the vaccination teams.

Without much respite, and with the teams in full swings, we dealt with a new wave of covid. Well accustomed to dealing with what is required, our team once again handled themselves without fault.

This year, we said goodbye to David, he will be missed. He gave it his all while he was with us, never missing a beat. Working within the Covid team and then with our men's program throughout 2022 and 2023.

We welcome Elvira Tot to the team, coming back after a 10 year hiatus and now a fully fledged social worker. Alongside her we also welcome back Anthony Collard. Together, this team has an amazingly exciting program planned for all 40 communities in the Valley.

We are very proud of our staff's hard work, often under difficult circumstances. We look forward to many highlights to come with the unfailing support of our funding bodies and our dedicated chairperson and board.



# Guwardi Ngadu

Life at Guwardi for the year of 2023 like many organisations, and community members has been a very long and tiresome year. But from the devastation of the floods, together we have picked up the pieces and started to rebuild stronger than ever before.

Whilst Guwardi was not affected directly by the rising flood waters, we did receive significant damage to our newly refurbished renovations completed late 2022. The repairs have taken a little longer than hoped, but we are near completion.

We will now focus on applying for funding to complete stage 2 of our renovations which include refurbishing room 9,10 and 11 which were used to house staff.

Highlights for 2023 and Community activities –

- NAIDOC Celebrations – “For our Elders” was the theme for 2023 and that is what we did, showered our elders with a day to celebrate them. We kicked off the day with a warm welcome from Patsy Bedford followed by Nindilingarri famous Karaoke, thanks Jarrod we love this program. Rehydrated with fresh lemon grass tea was a delight thanks Ben. Shire of Derby West Kimberley showered us with delicious food and activities, face painting was a hit with the kids big and small. Marra Worra Worra cooking of delicious kangaroo stew. Bunuba Rangers you guys rocked with fresh Jarrampa on the fire was delicious thanks for the catch. Edna Cherel blessed us with her scrumptious damper and many other local community members and family joined for the special day. Our residents really enjoyed these celebrations, and we look forward to setting this as an annual event.
- Reconciliation Action Plan released – Local artist Ena Graham and her artwork was commissioned by Juniper for the RAP, we are very proud of her painting titled “Coming Together” and the story behind the work.
- Bush medicine has become an important part of everyday life the residents of Guwardi. Nindilingarri has been working with the residents to make their medicine creams, soap, drinks and incense. We burn the incense every day and it is an important part of the social and emotional wellbeing of the facility. The smell of the incense connects many to special times in their life and helps residents with sharing these stories and in turn this helps bring a sense of calm, relaxation, and healing.
- Rodeo – We were excited to hear that Rodeo was back and appreciate the rodeo club donating tickets for all residents to attend the event. We really look forward to this time of the year and enjoy the day out.

- Pacific Island Workforce – Commenced May 2023 we welcomed 9 full time workers to replace the high agency usage we were experiencing. These workers have committed to 4-year contract and all staff have really connected with the residents and proud to call Fitzroy Crossing their home.
- Yajilarra Festival – VIP front line seating to watch the theatre puppets and the Winthali story. We were then blessed with a personal private acoustic performance at Guwardi from Kasey Chambers and Alan Pigram, a day residents and staff will never forget.
- FASD Day – Residents enjoyed painting a car bonnet and participating in the day's events.
- FIJI Day - 10th October we were showered with gifts and introduced to FIJI culture. Our Fijian team cooked a massive feast in the ground oven, shared traditional dancing and songs. It was a very emotional and special day for them as this was their first time being away from family and friends.
- Bridge Alliance Trips – Bridge Alliance crew invited us on trips to see the bridge being demolished and rebuilt, residents have had vip access. This was important to see the progress of the bridge and look forward to our final visit to drive our big bus over the newly built bridge.



## Projects planned for Guwardi for 2024 –

- New perimeter fence providing easier access for visitors and increased security for residents. The new fence will be a little higher and made from garrison steel making it stronger and more secure.
- Upgrade of CCTV cameras
- Upgrade security and safety lighting
- Build garden space that incorporates a mixture of bush foods, fruit and veg
- Staff Accommodation to be built on the parcel of land between Guwardi and the Renal Hostel
- Apply for funding to renovate remaining rooms 9,10 and 11

Much different to the world we used to live with COVID it has been a very social year for us at Guwardi. The residents have been busy out and about engaging in activities, events and thoroughly enjoyed 2023. Like the rest of the world are now coming to live with COVID-19 and attempting to return to business as usual. Our priority will be continue to follow all COVID-19 Government mandates, work with Nindilingarri Cultural Health, community, and family members to ensure the ongoing safety and wellbeing for all residents of Guwardi. We would like to take this opportunity to thank the supports of organisations, community members and family for assisting us through these tough COVID times.





The Australian Government is introducing a range of measures to improve the accountability and transparency in the aged care sector, in response to the 17 recommendations from the Royal Commission in to Aged Care and Quality Standards. Juniper is dedicated to responding to the changes and strengthening Aged Care Quality Standards. We will continue to include the voices of our residents, families and staff in these changes as we embark on this new aged care journey.

We welcome all enquiries, encourage feedback, if you have any time to run a program or offer a resource to Guwardi we would love to hear from you. We are thankful for the partnership with Nindilingarri, and support from Marra Worra Worra, Marniwarantikura, WACHS, SDWK and other stakeholders. Without this help we would not have been able to focus on the most important task which is to ensure our elders of this community live a life well lived.

Personally, from myself, Juniper team residents for Guwardi Ngadu home thank you to all for your continued support and look forward to an exciting jam-packed year ahead.

Belinda Storer  
Residential Manager



# **ALCOHOL & DRUG**



**Elle Tot**  
AOD Social Worker



**Anthony Collard**  
AOD Senior Support Officer

The Alcohol and Drug (AOD) team farewelled Louis Marcel-Jones and welcomed Elle Tot as the AOD Social Worker. Elle has a background in family violence, mental health and alcohol and other drugs. The team also welcomed Anthony Collard back as the AOD Senior Support Officer.

With the new team now onboard, the AOD team will continue to educate and promote prevention strategies on alcohol and other drug related harm and ill-health through education and support to assist the people of the Fitzroy Valley. The AOD team will ensure clients receive quality care and will regularly review and evaluate the impact that drugs and alcohol are having on the community at a local level, to identify programs and activities that will assist with addressing these issues to reduce AOD related harm. Strategies used to address these issues include delivery of AOD education, developing and delivering alcohol and drug prevention and health promotion programs, facilitating access to further health, welfare, housing, employment, and education support.

The AOD team continue to implement a community focused model to address the needs of each community individually by providing a community-based approach to addressing AOD use and related harms. By strengthening relationships with communities and understanding the individual needs of each community, this has given the AOD team an opportunity to develop strategies that can assist with addressing these needs and connecting community members to other service providers as needed.

One of the core components of the AOD program will be to continue providing support and assistance with section 152 liquor restrictions for households and

section 175 liquor restrictions for communities. In addition to this, the team will work closely within communities making regular visits in an effort to better understand individual community needs so we can all work together towards supporting and addressing these issues faced by community members.

The AOD team in conjunction with The Foot Soldiers were successful in securing a substantial donation of sporting equipment from the Australian Sports Foundation valued at \$30k. The equipment will be distributed to communities across the Fitzroy Valley.

We will continue to work with the Youth Collaboration group in the Fitzroy Valley. The Youth Collaboration group invites all youth-related services to come together to work in a collaborative, efficient and effective way without duplication, all while maximising the services and activities available to youth and community members.

The team will continue to communicate and liaise regularly with key stakeholders to share information and identify activities which will provide community based AOD treatment and support services. Visits to the 175 restricted communities will recommence, allowing the team to assess community needs, and together with community members identify supports that are needed.

For any further information regarding AOD programs and activities, or support with home or community restrictions, please call 9193 0093 or email Anthony on [aodmh@nindilingarri.org.au](mailto:aodmh@nindilingarri.org.au) or Elle on [socialworker@nindilingarri.org.au](mailto:socialworker@nindilingarri.org.au).



# Maternal Health

## Megan Lowe



This past year has been a breakthrough year for the Maternal Health Program despite being faced with numerous challenges. Program Officer, Meg, is pleased to share the following recap of our year.

A main priority going into this year, was to create the Beautiful Bumps Program Handbook. Beautiful Bumps is our main Health Promotion Activity in the Maternal Health space. The program involves running five sessions that equip pregnant women with tools to improve their ability to stay healthy during pregnancy, feel more prepared for birth and practice basic parenting activities for when they bring their newborns home. The program was created with the support of KPHU midwives, Lynley Thomas and Matilda Starbuck,

and our main target group are first time mums. However, all pregnant women and their support people are welcome at our sessions.

The Handbook has finally been created and all sessions piloted in town as well as in Noonkanbah and Bayulu communities. We've received great feedback from the participants and from midwives at Broome hospital.

Now that Meg has a comfortable understanding of the antenatal aspects of the program, the next goal is to create a series of community consultation sessions with women of all ages from across the Valley. The aim is to make our program more culturally relevant and safe. Pregnancy related health promotion sessions have run in schools this

year with the support of the Female Sexual Health Officer, Jade. Jade created a Girls Group in Wangkatjunka RCS at the request of community, which gave the Maternal Health Program the platform to develop and run age-appropriate sessions with young women. This has also lead to sessions at Yiramalay Studio School.





The Breastscreening van came to town this year, with the Maternal Health Program supporting over 180 women access their much-needed check-ups under the guidance of Anne Lennard from Community health.

A large portion of the year is dominated by specific FASD Health Promotion Activities. This year, the Maternal Health Program spent three months not only planning and coordinating the FASD Day Events, but also engaging with various community stakeholders in the Car Bonnets Project.

This project involved identifying 12 community groups or organisations that would be willing and have capacity to get involved, and sitting down with them to discuss FASD and what their role in FASD prevention could be. We spoke with groups of various ages and genders, including the Bunuba Rangers, old people from Mangkaja, young people and even kids. The main message emphasised that it's not just the role of those who are pregnant to make sure Fitzroy babies aren't affected by alcohol before they're born. We all have an important part to play in a child's life and this begins at the start. Each group then came up with a message to paint on their bonnet. These bonnets were displayed along the march on FASD Day, at an art show on FASD Day and then have been installed around town. This is meant to act as an ongoing reminder of the discussions we had on FASD Day with the hopes that they will generate even more positive discussion in the future.



The FASD Day march this year, although challenging, was a resounding success. We had approximately 200 students and community members from across the Valley join us as we marched through the town which was followed by a morning of music and footy.

This year we also had an afternoon art show to provide the platform to engage with community members that weren't able to make it to the march and so show off the Bonnets Project. This was absolutely the highlight of the day, with hundreds of local people relaxing on the lawn and looking at the bonnets.



The Maternal Health Program has also been involved in supporting various community events including Diabetes Day, Skutta Blokes Day, Bayulu School NAIDOC Week, School Holiday Programs and Mindi Rardi Festival.



# **Mums, Bubs and Healthy Families**

The last 12 months have been challenging for the Mums, Bubs and Strong Families Program with the position being vacant. Nindilingarri's Health Promotion team has proven their fantastic teamwork skills by putting a lot of extra work in and keeping up the delivery of the program.

Whilst the position was vacant, all Health Promotion Officers from other program areas have worked together to deliver the Mums, Bubs and Strong Families Program as best as possible.

Examples of their hard work were shown on Diabetes Day and FASD Day. Besides already sharing valuable information about their own health promotion programs, the team invited the Baya Gawiy Children and Family Centre to get them involved in sharing valuable information about the Mums, Bubs, and Strong Families Program.

Nindilingarri's Maternal Health Officer Meg has worked immensely hard to educate young families. She has supported some long-time clients with accessing Child Health immunisation appointments and continued the Baby Bundle Program.

When heading out in the communities, Meg always ensured to deliver any support needed to young families in the Valley.

Alongside running the Maternal Program, Meg developed a healthy teeth novelty game, also known as Teeth Pin Bowling. It was used at several community events and school holiday activities to educate the main target group for this program. Through that, the kids have learned to identify healthy and unhealthy teeth and what foods and drinks to consume to keep their teeth strong and healthy. Most importantly, it has taught the kids how to brush their teeth properly and how many times a day it is required, to maintain a healthy lifestyle.

After the flood, a lot of families lost their belongings. Nindilingarri stepped in and assisted by giving out baby clothes to families in need and tried to support the Valley as best as possible during that time. Several baby clothes were given out for newborns up to 3-year-olds which reflects the main target group of this program.



We are happy to have Charlotte Bell arriving Mid-September. We await the great work that she will be doing as she becomes accustomed to the role. Charlotte will have a clean slate and great opportunity to work and be led by the community.

Nindilingarri would like to take this opportunity to thank all their valuable staff members that have worked extra hard to keep the Mums, Bubs and Strong Families Program running. Keep your eyes and ears open, Charlotte will have some great things to come, and we are excited to have her on board.



GOOD  
things  
ARE  
COMING

# First Aid & Bush Medicine

## Ben Storer



During the past 12 months, despite encountering a significant flooding event, the First Aid and Bush Medicine Program (FABMP) has maintained its commitment to actively interacting with communities and individuals throughout the Fitzroy Valley.

A pivotal initiative demonstrating effectiveness in promoting health across key areas including skin health, rheumatic heart disease, acute post streptococcus glomerulonephritis, as well as first aid and bush medicine, is the "Reducing Our Chronic Illness Program (ROCI)." This program has successfully enabled the promotion of health in both school and non-school environments for children, while also conducting

programs for adults within the community. This dual-focused strategy ensures that the program disseminates consistent and impactful health messages to a diverse spectrum of the community, resulting in a more concise and actionable message. The FABMP employs a range of means and resources to fulfill its community obligations, with key strategies being the "Dressing Pack" and "Bush Medicine" programs.

The "Dressing Pack" program plays a crucial role within the FABMP, consistently garnering community support and witnessing an annual increase in product uptake since its inception. Despite facing challenges such as widespread flooding throughout the Valley this year, the program has continued to achieve impressive distribution numbers.

The "Dressing Pack" program is designed to enhance the overall health and well-being of individuals in the Fitzroy Valley, employing culturally sensitive measures. It achieves this by distributing essential medical supplies, complemented by locally crafted bush medicine to address skin-related concerns. Additionally, it conducts educational sessions aimed at advancing wound management practices throughout the region.

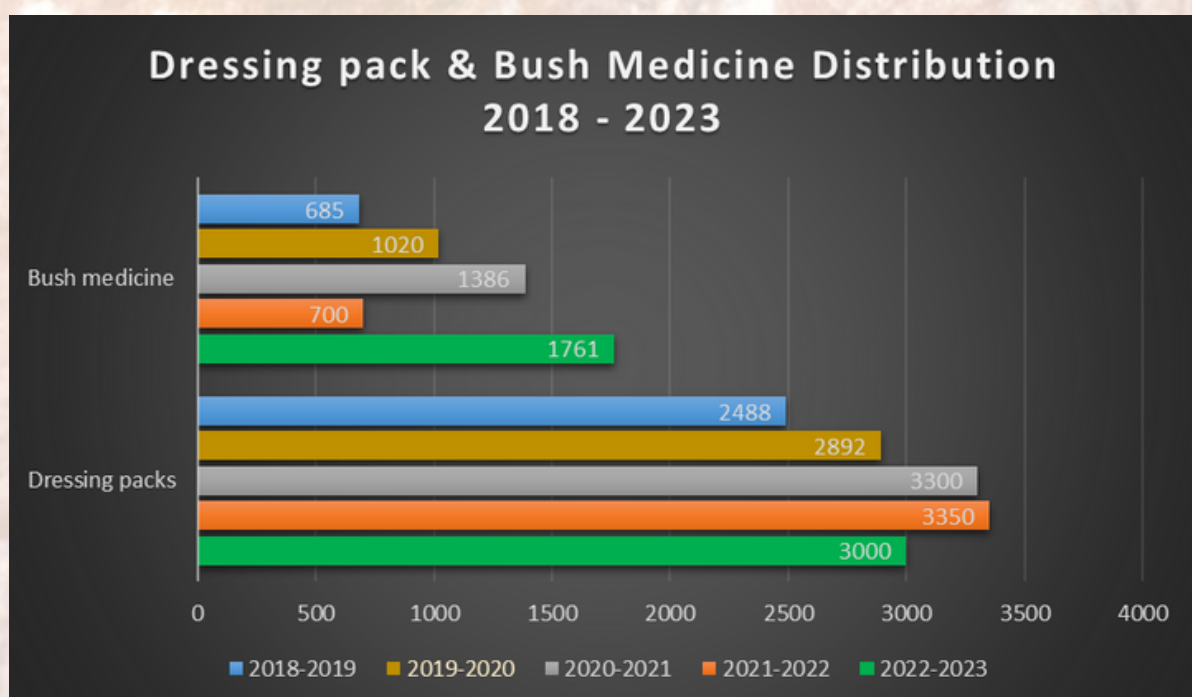
While the Dressing Pack program experienced a modest decline in numbers due to the aforementioned challenges, the Bush Medicine program has observed a notable increase.

This can be attributed to heightened interest in the product, coupled with the redesigned packaging, which facilitates convenient inclusion with all distributed dressing packs.

The Bush Medicine program has undertaken the development of an additional product to complement the well-received bush medicine ointment. This new incense has been in development for several years, utilizing exclusively locally sourced materials. Currently, it is being trialed at the Juniper Guwardi Ngadu residential aged care facility.

Initial feedback from the residents has been positive, with reports of heightened feelings of calmness and relaxation when the incense is burned. This positive perception is mirrored by caregivers who also note a discernible improvement in the overall ambiance of the facility.

In the face of adversity, the First Aid and Bush Medicine Program (FABMP) has maintained its commitment to helping to improve health outcomes through education and practical involvement in the Fitzroy Valley. The success of the "Reducing Our Chronic Illness Program (ROCI)," the resilience of the "Dressing Pack" program despite challenges, and the promising introduction of locally sourced incense in the Bush Medicine program all highlight our dedication to improving well-being. With ongoing dedication and innovation, the FABMP is poised for continued success in promoting health and community engagement in the Fitzroy Valley.





Formulating and preparing new bush medicines with Muludja community members



ROCI for kids' session:  
Wangkatjunga remote community School  
Kidney health



Snake bite bandaging relay game:  
Fitzroy Crossing school holiday program.



New look Bush Medicine and Incense



ROCI session:  
Bayulu community  
Healthy skin and Bush medicine making

# Healthy Lifestyles

## Bre Cassarchis



We are all aware of the devastation and impact the floods of December 2022-January 2023 had on the Fitzroy Valley communities, and this has been a big factor in service delivery this year. Throughout 2023, the Healthy Lifestyles program continued to establish itself through the ROCI program, which held a very successful Diabetes Day event in June 2023. Community surveys have only recently been recommenced, with some very interesting data and opportunities highlighted for focus in 2024.

The Reducing Our Chronic Illness (ROCI) Program has continued to be a big hit with schools and community groups this year. Continuing the partnership with the Nutrition and Bush Medicine programs, we were able to complete the ROCI program at Kulkarriya school, Bayulu school and community, with plans to run the program at Yiramalay in term 4.

The future of the ROCI team is looking very exciting! We have plans to do ROCI Roadshows by linking up with service providers, such as Boab Health and Lions Outback Vision, to provide complementary health promotion education targeted to chronic health issues such as diabetes. Watch this space for updates on how the roadshows progress.





Diabetes Day 2023 was the first of many, and it was a great success. With over 250 attendees and services providers supporting the event, we feel it achieved the goal of increasing awareness of diabetes throughout the Fitzroy Valley. We had a cook-off with organisations in town, lots of merchandise and hampers to give out, live music, face painting, a colour run, a smoothie bike, and a big feed for the community. Service providers were busy throughout the day, with Boab Health's podiatry team doing 21 foot checks, Lions Outback Vision conducted 30 eye checks, and Community Health doing five 715 health checks. We are excited to see how the event evolves over the coming years!





Community Surveys is a huge project that commenced last year, but it was on hold for the start of the year due to the floods and recovery. I've recently recommenced the surveys and have an aim to get most communities done by the close of business in December this year. To recap, the aim of the surveys is to determine smoking rates throughout the valley, where there are gaps in service delivery, and what communities want from the program. Based on the surveys conducted so far, the main gap is awareness of 'how to quit' and where to start on a quit journey, which will be addressed in the coming year. At the time of writing this report, a total of 12 communities have been completed, with the smoking rate sitting at 47%, with males being slightly higher than females. All survey results are anonymous.

Linked in the community surveys is the development of a school-based program called Puffed Out, which is to be a 4–5-week program focusing on different aspects of tobacco smoking such as second- and third-hand smoke, impacts on the body, chemicals in smokes, economic cost, and what options are available to quit. It will be adapted to suit primary and secondary school students. The vision is to make it initially available to schools that get easily cut off by the wet season through a teacher-led program (with a follow up by the healthy lifestyles officer once access is possible), and then to have it delivered by the Healthy Lifestyle officer in schools that are still accessible.

The remainder of the year will be focused on completing the community surveys, continuing with ROCI planning for schools and roadshows for 2024, and the development and implementation of the POP program. Another focus for the year ahead is streamlining the one-on-one offering for individuals to ensure support can continue during more difficult periods such as the wet season.

# Nutrition

## Emily Vansittart



The Nutrition Program supports people living in the Fitzroy Valley to improve health and wellbeing through building nutritional knowledge, increasing healthy eating habits, and creating healthier food environments. Due to the impacts of the floods earlier in the year, the Nutrition Program was delivered mostly in Fitzroy Crossing until the low-level crossing was opened in March/April.

Before the crossing opened, some of the NCHS team were able to get across the river via boat and the Nutrition Program Officer checked in with some communities including Yiyili, Wangkatjungka, Muludja,

and Bayulu. In partnership with the Department of Communities, the NCHS team also helped to deliver 74 Foodbank boxes to households adversely affected by the floods. Within Fitzroy Crossing, Emily facilitated weekly lunch cook-ups at Baya Gawiy, and cooking sessions with Garnduwa's afterschool program at the basketball courts.

In March, Emily worked with FVDHS High School students to co-design some new 'Skutta Tucker' shelf labels for the IGA store in town. The words 'Skutta Tucker' mean 'Good Food' in Kimberley Kriol, and the new labels have images of healthy, affordable foods and recipes on them. They have been placed near the healthy foods on the shelves to help encourage community members at the shop to make healthy food choices. Emily presented on this topic at the Kimberley Aboriginal Health Planning Forum Workshop in April.

To coincide with the shelf label initiative, other Health Promotion initiatives were introduced this year at the IGA. A monthly competition to encourage shoppers to purchase five or more fruit and vegetable items has been a huge success with hundreds of entries and some very happy winners each month! Alongside this, a 'Recipe Of The Week' is promoted every Monday at the store and on social media to help highlight the simple and affordable recipes pictured on the shelf labels.

Recently, Emily has worked with the Wangkatjungka school students to create some shelf labels for their own community store, and local artist Kerryanne



provided her artwork as the background for the labels. The community decided that Walmajarri language would be used for their label design with 'Wulyu Mangarri' meaning 'Good Food'. These labels also have images of simple and affordable recipes at the top that include foods available at the store. The students helped to display the finished labels and put them up on the shelves next to the Wulyu Mangarri in the store.

Once the Valley was accessible by road, the Reducing Our Chronic Illness (ROCI) team was able to get out and deliver the program in Bayulu community, and Yungngora and Bayulu schools. ROCI topics cover health prevention and awareness education around diabetes, kidney health, heart health, smoking, and healthy eating.

A big ROCI project this year was the coordination and facilitation of the June Diabetes Day event at Fitzroy Crossing oval. The idea came about after consultation with the visiting Boab Health podiatrist and WACHS community health staff around the limited capacity and time restraints of diabetes health providers to reach all of their clients. To address this issue, the aim of Diabetes Day was to help spread awareness of diabetes in the Valley, in collaboration with many other stakeholders, and to provide the opportunity for the whole community to receive diabetes-related health checks. There was an overwhelming response from service providers/organisations to participate in this event and it was very successful with around 250 community members in attendance and over 50 health checks provided. There was a salad 'cook-off' competition at the event between three local organisations, and the BP Service Station sold the winning salad in the weeks following as a promotion. The ROCI team hopes to facilitate more events like this in the near future to help improve access to health care for people in the Fitzroy Valley.

The Nutrition Program has been involved in many other activities and events throughout the Valley this year, as well as some one-on-one nutrition support. Emily and Bre (Healthy Lifestyle Program Officer) supported the Garnduwa Making her Mark event at Yiyili and Yungngora, providing sugary drinks nutrition education, as well as catering for the events. The team was also involved in Bayulu School's NAIDOC event and provided catering for the two-day KALACC Mindi Rardi Cultural Festival in August. Supporting community stores continues to be another important part of the nutrition program, and Emily has been well engaged with all community stores in the Valley this year, providing resources, educational material, and facilitating store cook ups.



# Spiritual Health

## Jarrood Minniecon



The Spiritual Health Program (SHP) has maintained a holistic and practical approach to social, emotional, and spiritual health promotion in the Fitzroy Valley throughout 2023. In several settings across the Fitzroy Valley, the Spiritual Health Program hosts many individual and group sessions and continues to educate and promote the importance of social and emotional wellbeing (SEWB). It also outlines the connection to Country and the correlation between a healthy lifestyle, a positive outlook and improved spiritual health.

With the 2023 January Flood causing significant uncertainty, the Spiritual Health Promotions Program had an interesting start to the year. Despite this, the team has been busy helping to coordinate the music/entertainment for key dates on community calendar. The team hosts a community focused radio show on Wangki Radio once a week. This helps to promote other Nindilingarri Programs and events and enables the sharing of important information.

These programs run in conjunction with a fully functioning recording studio that is open to community to both bookings and walk-ins for recording and practice sessions. SEWB music sessions and performance groups have been highly effective over the last year in helping to teach and promote clients to engage in healthy behaviours while reflecting on self and engaging in further discussion with the SHP.



The SHP creates a weekly radio show; “The Nindilingarri Spiritual Health Show”, promoting healthy lifestyles and talking about key issues throughout the Fitzroy Valley. In addition to discussing important messages, this radio show also acts as a platform to play music recorded in the SHP and to showcase the local talent as well as the services available at Nindilingarri. This show airs weekly on Mondays, from 3-4pm.



SHP has recently worked alongside other community organizations, as well as other Nindilingarri Programs to provide sound/stage and band equipment for local artists to provide entertainment at key community events.



These include: Diabetes Day 2023, FASD Day March 2023 (both Nindilingarri events) as well as Mindi Rardi Dance Festival and NAIDOC events. SHP also works with various organisations to facilitate song writing workshops



This year we have had the privilege of running karaoke/singing sessions for the residents at Guwardi Ngadu. This has been a great opportunity to connect with clients who do not often have the opportunity to be involved in community or social events, so we bring the fun to them.

Whether they are singing hymns, rock ballads or just joining in with a percussion instrument and listening to the entertainment, the singing sessions is looked forward to both by the residents and the staff, as it gives both an opportunity to have fun at the end of the week.



Working with local community schools, the SHP team have seen great rates of participation and satisfaction from students.

The program will take industry equipment to the school, and with help from Wangki Radio the students are encouraged to make content for the weekly radio show. This gives the students an outlet for connecting with culture and their community with modern tools that also help develop skills that broaden the horizons of their own aspirations.

Recently students had the opportunity to visit the studio to help collaborate together with another music program in making language based music, helping to further their journey for connecting with their culture.



With workshops and music groups to promote social and emotional wellbeing and spiritual health, the SHP continues to provide support, encouragement, and space to the people of the Fitzroy Valley to enable them to take control of all aspects of their health to improve their overall wellbeing.

# Women's Sexual Health

---

## Jade Howgate



Since last years Annual Report, the Women's Sexual Health Promotion Officer position has been filled, and we have been able to continue the delivery of many programs around the Fitzroy Valley, whilst also exploring some new projects and ideas.

The Mooditj Program is a positive life skills and sexual health program for young Aboriginal people, developed by Sexual Health Quarters, in consultation with other Aboriginal people. The Mooditj program has continued to be delivered across the Fitzroy Valley, to Kulkarriya Community School, Wangkatjungka Remote Community School, Yiramalay Studio School, and Fitzroy Valley District High School.

The Sexual Health team is looking forward to delivering the Mooditj program to Yiyili Community School this coming school term and expanding to more Communities next year.

The Women's Sexual Health Officer has also continued the maintenance of the Condom Tree Program that provides free and accessible condoms to the Community. This initiative provides thousands of condoms each year, between 4 trees located in Mindi Rardi, Bayulu, Junjuwa and the entrance to the Rodeo Grounds.

The Women's Sexual Health Promotion Officer collaborated with Meg, our Maternal Health Promotion Officer, on several projects this year. A women's group in Wangkatjungka Community was developed in partnership with Wangkatjungka Remote Community School. Nindilingarri worked with the girls in Year 5 – 7 at the school for a term, learning about self-esteem, relationships, puberty, consent, and parenting. Following this, we welcomed all women from Community to join us on Country for a Women's Group, where we continued health promotion education, activities, and a healthy cook-up.



This year, the Women's Sexual Health Officer was involved in the Making Her Mark program, in partnership with Garnduwa and the Football Commission of WA. The Making Her Mark program aims to encourage women to engage in sport, and was delivered in Yungngora Community this year. Our women's Sexual Health Promotion Officer delivered an education session on the importance of positive self-esteem and recognising how our own individual skills make us a great asset to any team in our own lives, on and off the football field.

From August 25th to September 8th, The Breast Screen Van was at Fitzroy Crossing Hospital. The Women's Sexual Health Promotion Officer and the Maternal Health Promotion Officer turned our function room into a waiting area space for the women.

Nindilingarri hosted lunch each day for the women, and provided them with snacks, craft and colouring activities, and education booklets to keep them busy until their appointment. The Women's Sexual Health Officer also assisted with taking the women to the Van and filling out the medical forms prior to their appointment. A total of 187 women were screened this year at the Van. The Women's Sexual Health Officer has worked in close partnership with the Sexual Health Nurse from Community Health, who has been supporting the delivery of sexual health education to high school girls around the Fitzroy Valley. Our partnership has been a successful, and mutually beneficial endeavour for both Nindilingarri, Community Health, and the many young women who have joined in on the sessions. Below are some quotes from the girls who have done Mooditj and Sexual Health education:

- 'Today I learned how to keep myself clean and healthy in any sort of way'.
- 'I learned what consent means.'
- 'I learned about STI's and where to get a check-up'.
- 'I learned that check-ups are private'.
- 'I learned about STI's, babies, pregnancy, and how to keep myself safe'.





The Women's Sexual Health Officer and Maternal Health Promotion Officer have also partnered with Shooting Stars, to deliver sessions to the young girls at Fitzroy Valley District High School. We are excited for this project, and very thankful for the invitation.

This year, our partnership with TABOO has continued, with regular shipments of menstrual

products at no cost to us, for distribution throughout the Fitzroy Valley. We are immensely appreciative of this initiative, and the generosity of TABOO. Together, we share the vision of reducing economic barriers to menstrual care for all women, and by providing free and accessible menstrual care, we can help reduce cost-of-living pressures in at-risk communities. Access to menstrual products is every woman's right, and we aim to restore safe, hygienic, and dignified access to women's health products and services. This year, we have also welcomed donations from GIVIT. The Women's Sexual Health program has very kindly received a generous donation of Craft Supplies, and 200 boxes of reusable menstrual products from Bonds. This donation has been received with sincere appreciation amongst the young women that I have distributed them to.

Next Year, the Women's Sexual Health Officer looks forward to welcoming a Men's Health Promotion Officer to the role, so that our team can continue the consistent delivery of many of our programs, including the Mooditj Program. Additionally, I hope to expand to more Communities in the Fitzroy Valley and look forward to completing my first full year in the role.





# Men's Sexual Health

The Male Sexual Health role is currently vacant. After the sad passing of our colleague, we have taken some time to mourn the loss of our friend, and respect and acknowledge his contribution to our organisation. We look forward to welcoming a new face to the role in due time.

Our friend and colleague worked consistently and diligently throughout his time in the role. He was a wonderful support to the Female Sexual Health Officer, and an integral part of the sexual health team. We partnered on many projects together and co-delivered sexual health education to schools and community groups around the Fitzroy Valley. Together, we were able to tailor the sexual health program to deliver every session in a culturally sensitive way, navigating our way through a wide range of age groups and Communities.



The Male Sexual Health Officer delivered the Mooditj program to Wangkatjunga Remote Community School and Yiramalay Studio School. He also supported other programs, including ROCI (Reducing Our Chronic Illness), First Aid and Bush Medicine, and the school holiday program. He worked throughout 2022, and into 2023 to support the community and deliver essential services throughout the flood relief effort.

The Male Sexual Health Officer was responsible for the maintenance of the condom tree project. He routinely restocked and maintained each dispenser across town, for many months, including during the flood in 2022, and into early 2023. He was passionate about accessible, and confidential safety for all people of the Fitzroy Valley. The condom tree project was pioneered many years ago by Nindilingarri staff. It is a renowned initiative that has attracted support on both a local and national level.

The project allows for 24/7 access to condoms in a discrete and accessible way, by placing dispensers in locations around town. People are able to come and go as they need and take whatever they require. The Male Sexual Health Officer ensured the dispensers were maintained, refilled, and kept tidy.

The Health Promotion team has pulled together to support the sexual health program, which has allowed for the efficient continuation of sexual health promotion programs to occur across the Fitzroy Valley. There were many messages of support and appreciation from schools and members of the community. The Female Sexual Health Officer thanks everyone for their assistance, understanding and condolences during this time.

We look forward to a busy end to the year, and eventually welcoming someone to the role, and working together as the Sexual Health Promotion team.



# Environmental Health



**Patrick Davies**  
EH Team Leader



**Harry Yungabun**  
EH Team Member



**Terik Yungabun**  
EH Team Member



**Josiah Wise**  
EH Team Member

During the July 2022 to June 2023 period, we provided and delivered services and resources to 32 communities and 4 Community Schools in the Fitzroy Valley. COVID & Flu Vaccinations drives were provided at Bayulu, Muludja, and Yungngora Communities. In July 2022, hard soap was also provided in all communities as part of the vaccination drive.



There were 17 individual housing maintenance requests made directly to the Environmental Health program by community members. Email referrals for Kurnangki, Junjuwa, and Mindi Rardi were emailed directly to Marra Worra Worra Housing for escalation. The EH Program are unable to carryout Emergency Maintenance and repairs to Town based Communities.

Plumbing maintenance issues were identified. These ranged from blocked floor drains, blocked mainline drains, full and overflowing septic tanks to leaking taps, and damaged plumbing hardware. All referrals were made to Marra Worra Worra Housing, with photographs and added health and or safety risks highlighted posed to the family and households.



The EH Program carried out a pre audit of the Fitzroy Crossing Township and communities within a fifty-kilometre radius of the township. The Pre-Audit Identified 20 Male dogs, 28 Female Dogs and 9 Cats registered by owners for Desexing. Over the three days of Animal Desexing 47 animals were euthanised. The Community Dog Health Program was delivered to 18 Communities. There were 232 dogs treated with Cydectin (702ml).



The EH Team received three clinic based Environmental Health Referrals from Remote Community health clinics.

The EH team identified a main line water leak, and a leaking sluice valve. These were referred by email to KRSP / MUNs for repairs.



The team provided 5 Trachoma Education Sessions at Yiyili Community School and Kulkarriya Community School.



Four members of our team Patrick Davies, Declan Carter, Daniel Wilkins, and Hayden Smith attended training for two weeks in Derby and successfully completed the Cert Two course in Aboriginal Environmental Health. The units in the training were Plumbing Units, Pest Control Units, Rubbish Units and Dog Health Units.



During the July 22 to June 2023 period, the team provided and delivered services and resources to 28 communities and 4 Community based Schools in the Fitzroy Valley. The first months of 2023 cannot be described as anywhere near normal. The EH team returned to work in February 2023. We were all faced with limited access to all communities with the continued rains and river rises.

The Shire was given the responsibility of overseeing and providing the Flood Recovery process in the Fitzroy Valley along with the Department of Communities and DFES through an established Flood Hub at the Local Tourist Bureau. We attended all relevant meetings held locally at the hall,, that were held with the flood victims working groups, and traditional owners.

The CEO of Nindilingarri and the EH Team, spent time with DFES to gain further information and to make DFES aware of the NCHS Environmental Health Program.

After the flooding receded, the EH team identified 43 individual housing maintenance repair issues, largely in Junjuwa, Mindi Rardi and Kurnangki Communities. Housing email referrals were sent to MWW housing for escalation, during this period.

The EH team carried out 5 emergency plumbing repairs in Ngurtawarta, Gillarong and Joy Springs communities





Due to reported cases of Murray Valley Encephalitis this year, we were contacted by the SDWK EHO Mark Chadwick and AEHW Isaac Buckle. NCHS and EH were given an opportunity to work with the Environmental Health Entomology Unit and their Vector Management Response Team (VMRT). We provided local advice and guidance when needed, or required, including ongoing assistance with the further monitoring and treatment process to eliminate risk, where possible. Briquettes and Vecto Bac Granules were provided to our team by the SDWK EH Unit. Together we identified and treated all locally known disused sewage ponds and pools of water around the Township and nearby communities.



The EH team were also contacted by Yungngora Community to euthanise three pigs that were in the Community. Subsequently at the time, we were also contacted by Dr Abbey Potter to collect opportunistic blood samples from three pigs at Yungngora Community. Dr Abbey arranged a blood sampling session, that was provided locally by Community Health. All equipment and resources required to carry out the blood sample collection, were provided by Community Health, and the Fitzroy Crossing Hospital. The blood samples were sent to Pathwest for testing.



The pig blood samples had undergone the first stage of the testing process at the Department of Primary Industry and Research and Development laboratory. Both samples tested positive to the flavivirus ELISA screen. This means the pigs blood samples were positive for either JEV, MVE or Kunjun. After more testing it was confirmed one was positive for exposure to Kunjun virus.



The EH team visited all communities, except for Kadjina and Koorabye communities, to carry out our community infrastructure monitoring of water supply, sewage and waste sites. There were three referrals to KRSP in this reporting period.

The EH team identified three main line water leaks at Ngurtawarta, Yakanarra and Gillarong Communities that were referred by email to KRSP for necessary repairs.

Nindilingarri Environmental health program received sixteen water quality Non qualification alerts for Joy Springs, Koorabye, Moongardie, Ngurtawarta and Kadjina Community. Kadjina Community water supply non qualifications are still being received each month, and bottled water is being supplied by Department of Communities and distributed by the school.



# Commonwealth Home Support Programme



**Taylor Hunt**  
CHSP Coordinator



**David Blackwell**  
CHSP Assistant Coordinator



**Scott Rose**  
CHSP Support Worker

This year NCHS has welcomed several new staff to the Commonwealth Home Support Program. Taylor Hunt has now stepped up into the Coordinator position after having served as the Assistant Coordinator for over a year. We now welcome David Blackwell as the Assistant Coordinator, Dave worked 5 and half years at MWW working in employment services and as a youth connections officer. We also welcome Scott Rose as the Support Worker. Scott has worked in Looma for the past 10 years facilitating the HACC program there. We would like to thank Tia Cunnington for her contribution over the past couple of years and we wish her all the best.

This year the Fitzroy Valley had its largest flood on record, this made it a very tricky start to the year as we were unable to service various communities for extended periods of time. Once we were able to reach them, we made up food packs with the limited food supplies. Fortunately DFES and the ADF were quick to resupply the town and we were able to recommence normal food services shortly after.



Unfortunately, activities were few and far between due to staff shortages and COVID-19 outbreaks. We have recently started bringing the clients back up to the center for breakfast which they all seem to enjoy as it gives them a chance to socialize and engage with one another. We hope to start collaborating with other programs within NCHS including cooking classes, music sessions and arts and crafts.

We currently have 50 clients who all receive a delivered lunch and a majority receive other services including breakfast, domestic assistance, social support and transport. In the coming months, we plan on bringing more people onto the CHSP program and doing our best to help the community.



# Information that was sent out to communities

**BAD SICKNESS HAS BEEN FOUND IN THE KIMBERLEY FROM MOZZIES**

Keep your mob mozzie safe!

- Close fly screen doors & windows
- Use a mozzie net when you sleep
- Long clothes help stop mozzies biting you
- Apply a good mozzie spray
- Tip out any water around the house

**MOZZIE BITES**

Mozzies carry bad sickness like Japanese Encephalitis Virus (JEV) and Murray Valley Encephalitis (MVE).

The **ONLY** way people can get JEV or MVE is to be bitten by a mozzie.

- People can't get JEV or MVE from animals
- People can't get JEV or MVE from other people

**HEALTH ALERT FLOOD WATERS**

**Bad Germs**  
HARMFUL GERMS AND SICKNESS ARE LIVING IN THE SOIL, MUD AND FLOOD WATERS. These germs can make you very sick and some people can die from these infections.

**Mosquito's**  
NUMBERS OF MOSQUITO'S ARE HIGH. Mosquitoes can carry bad sickness. Do your best to not get bitten. Protect yourself.

- Wear long clothes
- Use mosquito repellents
- Stay inside at early morning and late afternoon
- Take away anything mosquitoes can breed in around your house.

**Stay away from flood waters as much as you can**

**Stop children playing in mud and flooded water**

Go to the Clinic or Hospital if you or your family get sick.

**MOZZIE BITES**

Mozzies carry bad sickness like Japanese Encephalitis Virus (JEV) and Murray Valley Encephalitis (MVE).

Mozzies live and breed around your house in things like dog bowls or buckets. Tip out any water around the house.

Mozzies like to live in long grass. Keep grass short around your house.



THE SENATE

## **Senate Select Committee on Australia's Disaster Resilience**

13 October 2023

Ms Maureen Carter

By email: [maureen.carter@nindilingarri.org.au](mailto:maureen.carter@nindilingarri.org.au)

### **Update on inquiry status**

Dear Ms Maureen Carter

The committee would like to thank you for your contribution to the Senate Select Committee on Australia's Disaster Resilience. The committee has extended their tabling date for the final report to 24 April 2024. The committee tabled an interim report on 14 September 2023 which has been published to the [committee's webpage](#).

On behalf of the committee, thank you for your participation in the inquiry process. If you require any further information, please contact the secretariat on 02 6277 3535.

Yours sincerely

Mr Mark Fitt  
**Committee Secretary**



# Certificate of Registration

QUALITY MANAGEMENT SYSTEM - ISO 9001:2015

This is to certify that:

Nindilingarri Cultural Health Services  
52 Fallon Road  
Fitzroy Crossing WA 6765

Holds Certificate Number:

**FS 560303**

and operates a Quality Management System which complies with the requirements of ISO 9001:2015 for the following scope:

Provision of culturally appropriate, holistic health promotion, disease prevention and community services.

Previous Certificate expires on 2022-07-13  
Recertification audit ended 2022-07-07

For and on behalf of BSI:

Michael Lam - Managing Director Assurance, APAC

Original Registration Date: 2010-07-13

Effective Date: 2022-07-16

Latest Revision Date: 2022-07-19

Expiry Date: 2025-07-13



Page: 1 of 1

...making excellence a habit.™

This certificate was issued electronically and remains the property of BSI Group ANZ Pty Limited, ACN 078 659 211 and is bound by the conditions of contract. This certificate can be verified at [www.bsi-global.com/clientdirectory](http://www.bsi-global.com/clientdirectory). Printed copies can be validated at [www.bsi-global.com/ClientDirectory](http://www.bsi-global.com/ClientDirectory). Further clarifications regarding the scope of this certificate and the applicability of ISO 9001:2015 requirements may be obtained by consulting the organization. This certificate is valid only if provided original copies are in complete set.

Information and Contact: BSI, Kitemark Court, Davy Avenue, Knowlhill, Milton Keynes MK5 8PP. Tel: + 44 345 080 9000  
BSI Assurance UK Limited, registered in England under number 7805321 at 389 Chiswick High Road, London W4 4AL, UK.  
Information and Contact: BSI Group ANZ Pty Limited, ACN 078 659 211: Suite 1, Level 1, 54 Waterloo Road, Macquarie Park, NSW 2113  
A Member of the BSI Group of Companies.

